

# Sundays in Lent

## Sung Parish Eucharist (Mass) 10am

with Noisy Church and children's activities

### Saturdays: *Going Deeper*

25th February 10am *Conversation*

4th March 10am *Healing*

11th March 10am *Silence*

18th March 10am *Scripture*

25th March 10am *Conversation*

1st April 10am *Healing*

## Said Eucharists (Low Mass)

*25 minute services of Holy Communion  
with space for contemplation & reflection*

## International Women's Day

Wednesday 8th March 6.30pm  
(celebrated by Bishop Joanne)

## Monday - Wednesday of Holy Week

3rd, 4th, 5th April 7pm

### Morning & Evening Prayer

Every Monday - Wednesday, Friday

8.30am and 5.30pm

*A 20 minute service of daily prayer. A  
wonderful way to mark the day's rhythm.*

*Heavenly Father, your Son battled  
with the powers of darkness, and grew  
closer to you in the desert: help us to  
use these days to grow in wisdom and  
prayer that we may witness to your  
saving love in Jesus Christ our Lord.*

## Sacrament of Reconciliation (Confession)

*A wonderful opportunity to encounter  
God's healing grace & loving forgiveness.*

The Sacrament of Reconciliation  
(Confession) is available in church  
by appointment with Fr Simon.

If you've never made your Confession  
before or want to find out more about  
what's involved, do speak to Fr Simon,  
who will be able to help you prepare.

# ST PETER

DE BEAUVOIR TOWN



## Lent 2023

## Lent Resources

Lent is a season of preparation - an opportunity to spend some time focussing intentionally on your faith & spiritual life.

‘Lent’ comes from the Old English for ‘spring’, possibly related to springtime’s ‘lengthening of days’. This reminds us of the opportunity Lent provides to develop our Christian faith, to grow in depths of prayer, and to integrate our passion for social and environmental justice in everyday life.

**How is God calling you to share deeper in God’s love for you this Lent?**

### Ash Wednesday

**Wednesday 22nd February**

**9am Low Mass (Traditional Language)**

**7pm Sung Mass**

**with imposition of ashes**

Ash Wednesday marks the start of lent. Ashes are a traditional sign of penance and fasting as we begin the disciplines associated with Lent, recalling Jesus’ period of fasting in the wilderness.

*‘Remember you are dust, and to dust you shall return.’*

## Holy Hour: Eucharistic Adoration

**Wednesdays in Lent 6pm**

1st, 8th, 15th, 22nd, 29th March

An hour of silent prayer in the presence of the Sacrament after Evening Prayer. Come and go quietly as you are able at any point.

*‘Remain here, and watch with me’  
Matthew 26.38*



## Stations of the Cross

**Wednesdays in Lent 7pm**

**[\*5pm on 8th March]**

1st, 8th\*, 15th, 22nd, 29th March

An opportunity to walk the way of the cross and enter the mystery of our Lord’s Passion.

*‘If any want to become my followers, let them deny themselves, take up their cross and follow me’*

*Matthew 16.24*

## Lent Book Group



**Sundays at 4pm in Church**

***This Here Flesh: Spirituality, Liberation, and the Stories That Make Us***

by Cole Arthur Riley.

Join us to discuss this stunningly beautiful book. Available for purchase from around £9 (from Blackwells via QR code below). Each week passages will be prepared in case you’ve not had chance to buy or read that week.



26th February 4pm Dignity, Place, Wonder  
5th March 4pm Calling, Body, Belonging  
12th March 4pm Fear, Lament, Rage  
19th March 4pm Justice, Repair, Rest  
26th March 4pm Joy, Memory, Liberation

**All welcome.**