# 10<sup>th</sup> Sunday after Trinity 8 August 2021

## Greeting

The grace of our Lord Jesus Christ, the love of God, and the fellowship of the Holy Spirit be with you and also with you.

## Prayers of penitence

The gospel calls us to turn away from sin and be faithful to Christ.
As we offer ourselves to him in penitence and faith, we renew our confidence and trust in his mercy.

## Silence is kept

Most merciful God,
Father of our Lord Jesus Christ,
we confess that we have sinned
in thought, word and deed.
We have not loved you with our whole heart.
We have not loved our neighbours as ourselves.
In your mercy forgive what we have been,
help us to amend what we are,
and direct what we shall be;
that we may do justly,
love mercy,
and walk humbly with you, our God.
Amen.

#### **Absolution**

Almighty God, who forgives all who truly repent, have mercy upon us, pardon and deliver us from all our sins, confirm and strengthen us in all goodness, and keep us in life eternal; through Jesus Christ our Lord.

Amen.

#### Collect

Lord of heaven and earth, as Jesus taught his disciples to be persistent in prayer, give us patience and courage never to lose hope, but always to bring our prayers before you; through Jesus Christ our Lord.

Amen.

# Readings

# A reading from the first book of Kings [19.4-8]

Elijah went a day's journey into the wilderness, and came and sat down under a solitary broom tree. He asked that he might die: 'It is enough; now, O Lord, take away my life, for I am no better than my ancestors.' Then he lay down under the broom tree and fell asleep. Suddenly an angel touched him and said to him, 'Get up and eat.' He looked, and there at his head was a cake baked on hot stones, and a jar of water. He ate and drank, and lay down again. The

angel of the Lord came a second time, touched him, and said, 'Get up and eat, otherwise the journey will be too much for you.' He got up, and ate and drank; then he went in the strength of that food for forty days and forty nights to Horeb the mount of God.

## A reading from the letter of Paul to the Ephesians [4.25-5.2]

Putting away falsehood, let all of us speak the truth to our neighbours, for we are members of one another. Be angry but do not sin; do not let the sun go down on your anger, and do not make room for the devil. Thieves must give up stealing; rather let them labour and work honestly with their own hands, so as to have something to share with the needy. Let no evil talk come out of your mouths, but only what is useful for building up, as there is need, so that your words may give grace to those who hear. And do not grieve the Holy Spirit of God, with which you were marked with a seal for the day of redemption. Put away from you all bitterness and wrath and anger and wrangling and slander, together with all malice, and be kind to one another, tender-hearted, forgiving one another, as God in Christ has forgiven you. Therefore be imitators of God, as beloved children, and live in love, as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God.

# Hymn

I, the Lord of sea and sky,
I have heard My people cry.
All who dwell in dark and sin,
My hand will save.

I who made the stars of night, I will make their darkness bright. Who will bear My light to them? Whom shall I send?

Here I am Lord, Is it I Lord?
I have heard You calling in the night.
I will go Lord, if You lead me.
I will hold Your people in my heart.

I, the Lord of snow and rain,
I have born my peoples pain.
I have wept for love of them,
They turn away.
I will break their hearts of stone,
Give them hearts for love alone.
I will speak My word to them,
Whom shall I send?

Here I am Lord, Is it I Lord?
I have heard You calling in the night.
I will go Lord, if You lead me.
I will hold Your people in my heart.

I, the Lord of wind and flame, I will tend the poor and lame. I will set a feast for them, My hand will save Finest bread I will provide, Till their hearts be satisfied. I will give My life to them, Whom shall I send?

Here I am Lord, Is it I Lord?
I have heard You calling in the night.
I will go Lord, if You lead me.
I will hold Your people in my heart.

## Watch a recording:

https://www.youtube.com/watch?v=mgLwH5RdtPk&ab
\_channel=HymnChannel

# The Reading of the Gospel

My Brothers and Sisters hear the Gospel of our Lord Jesus Christ according to John

## Glory to you, O Lord.

[John 6.35, 41-51]

Jesus said to the crowd, 'I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty. Then the Jews began to complain about him because he said, 'I am the bread that came down from heaven.' They were saying, 'Is not this Jesus, the son of Joseph, whose father and mother we know? How can he now say, "I have come down from heaven"?' Jesus answered them, 'Do not complain among yourselves. No one can come to me unless drawn by the Father who sent me; and I will raise that person up on the last day. It is written in the prophets, "And they shall all be taught by God." Everyone who has heard and learned from the Father comes to me. Not that anyone has seen the Father except the one who is from God; he has seen the Father. Very truly, I tell you, whoever

believes has eternal life. I am the bread of life. Your ancestors ate the manna in the wilderness, and they died. This is the bread that comes down from heaven, so that one may eat of it and not die. I am the living bread that came down from heaven. Whoever eats of this bread will live for ever; and the bread that I will give for the life of the world is my flesh.'

This, my brothers and sisters is the Gospel of the Lord.

Praise to you, O Christ.

Sermon by Revd Andy Rider

**Prayers** for the church and the world

The response to each petition

Lord, in the silence **Hear our prayer** 

The Lord's Prayer

Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation

but deliver us from evil.
For the kingdom, the power, and the glory are yours now and for ever.
Amen.

Music: Barbara Höfling (alto), J.S. Bach, Stirb in mir from Cantata no. 169, Gott soll allein mein Herze haben.

## **Thanksgiving**

Let us give thanks and praise for all God's gifts

Silence is kept

For birth and life and strength of body, for safety and shelter and food, we give you thanks: we praise your holy name.

For sight and hearing and the beauty of nature, for words and music and the power of thought, we give you thanks: we praise your holy name.

For work and leisure and the joy of achieving, for conscience and will and depth of feeling, we give you thanks: we praise your holy name.

For grace and truth in Jesus Christ, for the gifts of the Spirit and the hope of heaven, we give you thanks: we praise your holy name.

Holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest.

#### The Peace

Blessed are the peacemakers: they shall be called children of God. We meet in the name of Christ and share his peace. The peace of the Lord be always with you. And also with you. Amen

#### **Notices**

## **Closing Prayer**

Lord Jesus Christ, you humbled yourself in taking the form of a servant, and in obedience died on the cross for our salvation: give us the courage to follow you and to proclaim you as Lord and King, to the glory of God the Father.

Amen.

## The Blessing

The peace of God, which passes all understanding, keep your hearts and minds in the knowledge and love of God,

and of his Son Jesus Christ our Lord; and the blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always. Amen.

#### Dismissal

Go in peace to love and serve the Lord. In the name of Christ. Amen.

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