

# 9<sup>th</sup> Sunday after Trinity

## 1 August 2021

### *The Gathering*

Through Christ let us offer our sacrifice of praise to God.  
Let our lips proclaim his praise.

In the name of the Father,  
and of the Son,  
and of the Holy Spirit.  
Amen.

The Lord be with you  
and also with you.

Brothers and sisters,  
as we prepare to celebrate,  
let us call to mind our sins.

### *The Confession*

Most merciful God,  
Father of our Lord Jesus Christ,  
we confess that we have sinned  
in thought, word and deed.  
We have not loved you with our whole heart.  
We have not loved our neighbours as ourselves.  
In your mercy forgive what we have been,  
help us to amend what we are,  
and direct what we shall be;

that we may do justly, love mercy,  
and walk humbly with you, our God.  
Amen.

### *The Absolution*

Almighty God,  
who forgives all who truly repent,  
have mercy upon us,  
pardon and deliver us from all our sins,  
confirm and strengthen us in all goodness,  
and keep us in life eternal;  
through Jesus Christ our Lord.  
Amen.

### *Gloria in Excelsis*

Glory to God in the highest,  
and peace to his people on earth.  
Lord God, heavenly King,  
almighty God and Father,  
we worship you, we give you thanks,  
we praise you for your glory.  
Lord Jesus Christ,  
only Son of the Father,  
Lord God, Lamb of God,  
you take away the sin of the world:  
have mercy on us;  
you are seated at the right hand of the  
Father: receive our prayer.  
For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High,

**Jesus Christ,  
with the Holy Spirit,  
in the glory of God the Father.  
Amen.**

### ***The Collect***

Gracious Father,  
revive your Church in our day,  
and make her holy, strong and faithful,  
for your glory's sake  
in Jesus Christ our Lord.  
**Amen**

### ***Readings***

A reading from the 2<sup>nd</sup> book of Kings [4.42-44]

The whole congregation of the Israelites complained against Moses and Aaron in the wilderness. The Israelites said to them, 'If only we had died by the hand of the Lord in the land of Egypt, when we sat by the fleshpots and ate our fill of bread; for you have brought us out into this wilderness to kill this whole assembly with hunger.'

Then the Lord said to Moses, 'I am going to rain bread from heaven for you, and each day the people shall go out and gather enough for that day. In that way I will test them, whether they will follow my instruction or not.

Then Moses said to Aaron, 'Say to the whole congregation of the Israelites, "Draw near to the Lord, for he has heard your complaining." ' And as Aaron spoke to the whole congregation of the Israelites, they

looked towards the wilderness, and the glory of the Lord appeared in the cloud. The Lord spoke to Moses and said, 'I have heard the complaining of the Israelites; say to them, "At twilight you shall eat meat, and in the morning you shall have your fill of bread; then you shall know that I am the Lord your God." ' In the evening quails came up and covered the camp; and in the morning there was a layer of dew around the camp. When the layer of dew lifted, there on the surface of the wilderness was a fine flaky substance, as fine as frost on the ground. When the Israelites saw it, they said to one another, 'What is it?' For they did not know what it was. Moses said to them, 'It is the bread that the Lord has given you to eat.

A reading from the letter to the Ephesians [4. 1-16]

I, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, with all humility and gentleness, with patience, bearing with one another in love, making every effort to maintain the unity of the Spirit in the bond of peace. There is one body and one Spirit, just as you were called to the one hope of your calling, one Lord, one faith, one baptism, one God and Father of all, who is above all and through all and in all.

But each of us was given grace according to the measure of Christ's gift. Therefore it is said, 'When he ascended on high he made captivity itself a captive; he gave gifts to his people.'

(When it says, 'He ascended', what does it mean but that he had also descended into the lower parts of the earth? He who descended is the same one who

ascended far above all the heavens, so that he might fill all things.) The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, to equip the saints for the work of ministry, for building up the body of Christ, until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ. We must no longer be children, tossed to and fro and blown about by every wind of doctrine, by people's trickery, by their craftiness in deceitful scheming. But speaking the truth in love, we must grow up in every way into him who is the head, into Christ, from whom the whole body, joined and knitted together by every ligament with which it is equipped, as each part is working properly, promotes the body's growth in building itself up in love.

### *Hymn*

Take my life and let it be  
consecrated, Lord, to thee.  
Take my moments and my days;  
let them flow in endless praise.

Take my hands and let them move  
at the impulse of thy love.  
Take my feet and let them be  
swift and beautiful for thee.

Take my will and make it thine;  
it shall be no longer mine.  
Take my heart it is thine own;  
it shall be thy royal throne.

Take my love; my Lord, I pour  
at thy feet its treasure store.  
Take myself, and I will be  
ever, only, all for thee.

Listen to a recording:

[https://www.youtube.com/watch?v=Gf11rReeWIs&ab\\_channel=THENBA](https://www.youtube.com/watch?v=Gf11rReeWIs&ab_channel=THENBA)

### ***Gospel Reading***

Hear the Gospel of our Lord Jesus Christ according to John.

**Glory to you, O Lord.**

[6.24-35]

When the crowd saw that neither Jesus nor his disciples were at the place where Jesus had given the bread, they themselves got into the boats and went to Capernaum looking for Jesus.

When they found him on the other side of the lake, they said to him, 'Rabbi, when did you come here?' Jesus answered them, 'Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves. Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal.' Then they said to him, 'What must we do to perform the works of God?' Jesus answered them, 'This is the work of God, that you believe in him whom he has sent.' So they said to him, 'What sign are you going to give us then, so that we may see it and believe you? What work are

you performing? Our ancestors ate the manna in the wilderness; as it is written, “He gave them bread from heaven to eat.” ’ Then Jesus said to them, ‘Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. For the bread of God is that which comes down from heaven and gives life to the world.’ They said to him, ‘Sir, give us this bread always.’ Jesus said to them, ‘I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty.

This is the Gospel of the Lord.

**Praise to you, O Christ.**

*Sermon by the Revd Irena Edgcumbe*

*Prayers of Intercession*

*The following or another response may be used*

Lord, in your silence  
**hear our prayer.**

*The Lord’s Prayer*

As our Saviour taught us, so we pray  
**Our Father in heaven,  
hallowed be your name,**

your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Lead us not into temptation  
but deliver us from evil.  
For the kingdom, the power,  
and the glory are yours  
now and for ever.  
Amen.

### *Thanksgiving*

Let us give thanks and praise for all God's gifts

### *Silence is kept*

For birth and life and strength of body,  
for safety and shelter and food,  
we give you thanks:  
**we praise your holy name.**

For sight and hearing and the beauty of nature,  
for words and music and the power of thought,  
we give you thanks:  
**we praise your holy name.**

For work and leisure and the joy of achieving,  
for conscience and will and depth of feeling,  
we give you thanks:  
**we praise your holy name.**

For grace and truth in Jesus Christ,  
for the gifts of the Spirit and the hope of heaven,  
we give you thanks:  
**we praise your holy name.**

**Holy, holy, holy Lord,  
God of power and might,  
heaven and earth are full of your glory.  
Hosanna in the highest.**

### ***The Peace***

Blessed are the peacemakers:  
they shall be called children of God.  
We meet in the name of Christ and share his peace.  
**The peace of the Lord be always with you.**

### ***The Blessing***

The peace of God,  
which passes all understanding,  
keep your hearts and minds  
in the knowledge and love of God,  
and of his Son Jesus Christ our Lord;  
and the blessing of God almighty,  
the Father, the Son, and the Holy Spirit,  
be among you and remain with you always.  
**Amen.**

### ***Dismissal***

Go in peace to love and serve the Lord.  
**In the name of Christ. Amen.**