

1st Sunday in Lent

21 February 2021

Opening prayers

Lord, direct our thoughts, and teach us to pray.
Lift up our hearts to worship you in spirit and in truth,
through Jesus Christ our Lord.
Amen.

Prayers of penitence

The grace of God has dawned upon the world
through our Saviour Jesus Christ,
who sacrificed himself for us to purify a people as his
own.
Let us confess our sins.

Silence is kept

We have not held out the word of life
in a dark and twisted world:
Lord, have mercy.
Lord, have mercy.

We have failed to share our bread with the hungry:
Christ, have mercy.
Christ, have mercy.

We have closed our hearts to the love of God:
Lord, have mercy.
Lord, have mercy.

Almighty God,
who forgives all who truly repent,
have mercy upon us,
pardon and deliver us from all your sins,
confirm and strengthen us in all goodness,
and keep us in life eternal;
through Jesus Christ our Lord.
Amen.

Collect

Almighty God,
whose Son Jesus Christ fasted forty days in the
wilderness,
and was tempted as we are, yet without sin:
give us grace to discipline ourselves in obedience to
your Spirit;
and, as you know our weakness,
so may we know your power to save;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.
Amen.

Readings

Gen 9.8-17

God said to Noah and to his sons with him, 'As for me, I am establishing my covenant with you and your descendants after you, and with every living creature that is with you, the birds, the domestic animals, and every animal of the earth with you, as many as came out of the ark. I establish my covenant with you, that never again shall all flesh be cut off by the waters of a flood, and never again shall there be a flood to destroy the earth.' God said, 'This is the sign of the covenant that I make between me and you and every living creature that is with you, for all future generations: I have set my bow in the clouds, and it shall be a sign of the covenant between me and the earth. When I bring clouds over the earth and the bow is seen in the clouds, I will remember my covenant that is between me and you and every living creature of all flesh; and the waters shall never again become a flood to destroy all flesh. When the bow is in the clouds, I will see it and remember the everlasting covenant between God and every living creature of all flesh that is on the earth.' God said to Noah, 'This is the sign of the covenant that I have established between me and all flesh that is on the earth.'

From the 1st letter of Peter, 3.18-22

Christ also suffered for sins once for all, the righteous for the unrighteous, in order to bring you to God. He was put to death in the flesh, but made alive in the spirit, in which also he went and made a proclamation to the spirits in prison, who in former times did not

obey, when God waited patiently in the days of Noah, during the building of the ark, in which a few, that is, eight people, were saved through water. And baptism, which this prefigured, now saves you—not as a removal of dirt from the body, but as an appeal to God for a good conscience, through the resurrection of Jesus Christ, who has gone into heaven and is at the right hand of God, with angels, authorities, and powers made subject to him.

Hymn

Forty days and forty nights
thou wast fasting in the wild;
forty days and forty nights
tempted, and yet undefiled.

Let us thine endurance share
and awhile from joys abstain,
with thee watching unto prayer,
strong with thee to suffer pain.

And if Satan, vexing sore,
flesh or spirit should assail,
thou, his vanquisher before,
grant we may not faint or fail.

Keep, O keep us, Saviour dear,
ever constant by thy side;
that with thee we may appear
at the eternal Eastertide.

Watch a recording:

https://www.youtube.com/watch?v=m5Nq4YXlcX8&ab_channel=HymnChannel

The Gospel

Mark 1.9-15

In those days Jesus came from Nazareth of Galilee and was baptized by John in the Jordan. And just as he was coming up out of the water, he saw the heavens torn apart and the Spirit descending like a dove on him. And a voice came from heaven, 'You are my Son, the Beloved; with you I am well pleased.'

And the Spirit immediately drove him out into the wilderness. He was in the wilderness for forty days, tempted by Satan; and he was with the wild beasts; and the angels waited on him.

Now after John was arrested, Jesus came to Galilee, proclaiming the good news of God, and saying, 'The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news.'

Sermon by Sarah Dallas

Prayers for the church and the world

The response to each petition

Lord, in the silence

Hear our prayer

The Lords Prayer

Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power,
and the glory are yours
now and for ever.
Amen.

Thanksgiving

Let us give thanks and praise for all God's gifts

Silence is kept

For birth and life and strength of body,
for safety and shelter and food,
we give you thanks:
we praise your holy name.
For sight and hearing and the beauty of nature,
for words and music and the power of thought,
we give you thanks:
we praise your holy name.

For work and leisure and the joy of achieving,
for conscience and will and depth of feeling,
we give you thanks:

we praise your holy name.

For grace and truth in Jesus Christ,
for the gifts of the Spirit and the hope of heaven,
we give you thanks:

we praise your holy name.

**Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.**

The Peace

God will speak peace to his people,
to those who turn to him in their hearts.
The peace of the Lord be always with you.

Closing Prayers

God of compassion,
through your Son Jesus Christ
you have reconciled your people to yourself.
As we follow his example of prayer and fasting,
may we obey you with willing hearts
and serve one another in holy love;
through Jesus Christ our Lord.
Amen.

Let us go in peace to love and serve the Lord
We go in peace. Amen